

الأوراق المنشورة عن رمضان في عام 2026

الموافق 25 فبراير /شباط 2025	8 رمضان 1447	تاريخ التحديث:
Web of Science (Clarivate)		المصدر:
(ARTICLE, REVIEW, Early Access, Meeting Abstract)		نوع الأوراق:

- [The impact of intermittent fasting on lipid profile - an umbrella review](#)
Popiolek-Kalisz, J; Kwasny, A
MAR 2026 | NUTRITION METABOLISM AND CARDIOVASCULAR DISEASES 36 (3)
- [How religious engagement shapes performance perception during Ramadan: insights from fasting Tunisian footballers](#)
Yacoubi, A; Fitouri, C; Kamal, S; Jomâa, HB; Latiri, I; Chamari, K
MAR 2026 | BRITISH MEDICAL BULLETIN 157 (1)
- [Summary of Research: Safety and Effectiveness of Concomitant iGlarLixi and SGLT-2i Use in People with T2D During Ramadan Fasting: A SoliRam Study Sub-analysis](#)
Hassanein, M; Malek, R; Al Sifri, S; Sahay, RK; Buyukbese, MA; Djaballah, K; Melas-Melt, L; Shaltout, I
FEB 16 2026 | DIABETES THERAPY
- [Safety and efficacy of sodium-glucose cotransporter-2 inhibitors in adults with type 2 diabetes fasting during Ramadan: A meta-analysis](#)
Kamrul-Hasan, AM; Shaikh, S; Ashraf, H; Kuchay, MS; Nagendra, L; Dutta, D; Pappachan, JM
FEB 15 2026 | WORLD JOURNAL OF DIABETES 17 (2)
- [The Impact of Ramadan Fasting on Dyspeptic Complaints](#)
Zekey, FS; Basak, F
FEB 2026 | JOURNAL OF CLINICAL GASTROENTEROLOGY 60 (2) p.:151-155
- [Drivers and barriers of successful short-term dietary behavior change: Transferable factors from a qualitative case study of Ramadan fasting](#)
Chaaban, N; Faris, M; Byrne, DV; Andersen, BV
JUN 1 2026 | APPETITE 221

7. [Overdiagnosis of gestational diabetes mellitus during Ramadan: a retrospective population-based study in Catalonia, Spain](#)
Carrasco, M; Vlachos, B; Franch-Nadal, J; Real, J; Monroy, G; Soldevila, B; Mauricio, D; Hernández, M
JAN 20 2026 | BMC MEDICINE 24 (1)
8. [Effects of fasting on endothelial function in type 2 diabetes mellitus patients: cohort study](#)
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JAN 7 2026 | FRONTIERS IN CARDIOVASCULAR MEDICINE 12
9. [Fasting as a Multisystem Health Modulator: A Narrative Review of Metabolic, Cardiovascular, Immune, Neurocognitive, and Psychospiritual Effects](#)
Maulvi, FA; Desai, DT; Vyas, BA; Shah, DO; Willcox, MDP
JAN 7 2026 | CURRENT NUTRITION REPORTS 15 (1)
10. [Bread and Bakery Products: Cultural Importance, Consumption, Purchase Patterns, and Household Waste During Ramadan in Constantine, Algeria](#)
Becila, FZ; Dridi, L; Bouasla, A; Boussekine, R; Bencharif, M
JAN 5 2026 | SUSTAINABILITY 18 (1)
11. [Applying Integrative Analysis of Dietary Patterns to Understand Ramadan-Induced Nutritional Status Alterations in Hemodialysis Patients](#)
Ibrahim, I; Lim, JH; Adanan, NIH; Lim, CKM; Appannah, G; Adnan, WAHWM; Zakaria, NF; Lim, CTS; Yahya, R; Tashkandi, B; Karupaiah, T; Daud, ZAM
JAN 2026 | JOURNAL OF RENAL NUTRITION 36 (1) p.:130-143
12. [IBC Oxford University Poster Abstract 7-Fasting during ramadan after bariatric surgery: tips for a safe and healthy experience](#)
Farouk, K; Abdelhalim, M; Hamad, A; Elgaabari, I
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13. [Effects of Ramadan fasting on physical capacity and plasma markers of neuromuscular junction degradation in older adult men](#)
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JAN 2026 | EUROPEAN JOURNAL OF NUTRITION 65 (1)